

YOUR HOME MEDICATIONS AND SURGERY

Any and all medications you take on a daily or weekly basis can affect the safety of your surgery and anesthetic. It is imperative that you include everything you take on your information sheet, be it a prescription, an over the counter medication, herbal supplement, vitamin, or diet drug. Even something as common as daily aspirin use or birth control pills can affect your well being. Please do not omit anything you routinely take.

Please adhere to the following guidelines to avoid cancellation of your surgery.

- Leading up to your surgery, please take all your normal daily medications.
- The morning of your surgery, take whatever you normally would with a sip of water. Drink only enough water to wash the pills down. Coffee, tea, juice, or milk is not allowed. If you drink any of these, your surgery will be cancelled.
- If you are diabetic, please contact your internist and follow his/her guidelines. I will let you know if I anticipate you will be unable to eat or drink normally.
- Stop taking any and all diet drugs two (2) weeks before surgery. Any violation of this rule will result in your surgery being cancelled. This is an Anesthesia policy and they are **not** flexible.
- Stop taking all herbal supplements two (2) weeks before surgery. Some herbs may cause your surgery to be cancelled.
- Stop taking any product that contains aspirin ten (10) days prior to surgery. If you have concern over the safety of stopping your aspirin, please contact your cardiologist or internist to see if this is safe. Let my office know if need to stay on your aspirin. If you are not sure if a product you take contains aspirin, please contact our office.
- If you take a blood thinner other than aspirin, we will need to develop a plan with your internist to handle this situation.

If you have any questions about what you should do, please call our office. In general, the further ahead you call, the better.

Dr. Corbett

